

# Sport (Development Coaching and Fitness)

**BTEC**

**Level 3**

**EdExcel**

## Course overview

This is a diverse course giving an insight into the many paths available in the sports industry. There are opportunities to apply this knowledge in practical settings, including a work experience placement as well as opportunities to develop research skills which are applicable to studying at higher education.

### Entry Requirements

You must have 4 GCSEs which must include English or Maths at grade 4, plus you must also meet the specific subject entry requirements.

### Subject Specific Requirements

Grade 4 in Maths or English GCSE.

### Popular Subject Combinations

A Level: Business; Biology

BTEC: Business; Information Technology

### Possible Enrichment Opportunities

Team sports

Level 2 Fitness Instructor

The department has links to various professional establishments, providing plenty of opportunities to see the industry up-close through various trips and visits.

### What will I learn?

You will learn about a range of avenues within sports, from coaching and leadership to the science of anatomy and physiology. There will be the opportunity to enhance your practical skills in leading sessions, both for groups and on a one-to-one basis, as well as learning about the effects of psychology and nutrition on sports performance.

You will also discover the social impact of sport in relation to the media, barriers to participation and the development of sport as a tool for change.

### How will I be assessed?

You will be assessed through external and internal vocational and academic assessments. Just over 30% of the course will be assessed externally, 70% internally assessed.

You will take part in both practical and theory based sessions, gaining both the knowledge and hands-on skills to progress into any number of careers within sport.

### Where might it lead?

Sports related degrees

Popular Universities: St Mary's; Brunel;

Chichester; Leeds; Birmingham;

Southampton; Brighton; Bournemouth

Popular Courses:

Sport Science; Sports Rehabilitation;

Sports Coaching; Sport Psychology; Sports

Therapy

Sports related apprenticeships

Leisure industry employment

If you would like further information about this course please contact the admissions team at

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