

STRODE'S COLLEGE ~ ADULT LEARNING COURSE INFORMATION SHEET

**COURSE TITLE:**

ABC Level 2 Certificate in Counselling Skills

DURATION:

33 sessions

ABOUT THE COURSE:

This qualification is designed to introduce you to counselling skills. These skills will be useful for roles that involve working with people, but achievement of this certificate will not qualify you to practice as a counsellor. To do this you will need to progress to higher level qualifications.

The course is made up of 4 mandatory units

1. Using Counselling Skills
2. Introduction to Counselling Skills Theories
3. Diversity and Ethics in the Use of Counselling Skills
4. Counselling Skills and Personal Development

ENTRY REQUIREMENTS:

Interview or course specific application required? **Yes / No**

A good standard of spoken and written English (GCSE/level 2) is the only formal entry requirement for this course. However it is recommended, but not essential, to have completed an Introduction to Counselling course such as that offered by the College.

STUDY AND ASSESSMENT:

There will be group sessions held each week for 33 weeks, split over 3 College terms. The sessions will include a range of activities including: presentation and discussion of theory; self-awareness & development; acquisition of listening and counselling.

Throughout the year you will be required to complete a range of written assignments outside of the classroom. Together these assignments and work generated in the group sessions will make up the portfolio of evidence on which you will be assessed. Learners will also complete a weekly journal.

PROGRESSION OPPORTUNITIES:

From this course you can progress to the Level 3 Certificate or Diploma in Counselling Skills, or similar level 3 courses.

PRE COURSE PREPARATION:

none

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FINANCE:

- Fee remission available? Yes (subject to status) ~~Yes~~ **No**
- 19+ Advanced Learning Loan Available? ~~Yes~~ / **No**
- Bursary Support Available? ~~Yes~~ **(which)** / **No**

TUITION FEES:

Please call 01784 228676 or 01784 228677 for the course fee.

Or contact adulthoodeducation@strodes.ac.uk

ANY OTHER COSTS TO BE MET BY THE STUDENT:

You will need to bring a notepad and pen to each class. Although learning materials will be provided you may wish to purchase books to support your learning. Your tutor will advise on suitable titles.

ADDITIONAL INFORMATION :

The College has computers and quiet study areas which can be used by Adult Learning students after 4.30pm, and the Literary Institute has some daytime availability. Please contact the Adult Learning Team to book. The Learning Resource Centre is available by prior appointment during the day and has a wide range of books and other resources. Students must book via the Adult Learning reception & a student badge will be required.