

# STRODE'S COLLEGE ~ ADULT LEARNING COURSE INFORMATION SHEET



**COURSE TITLE:** Ballroom and Latin Beginners

**DURATION:**  
10 sessions

## **ABOUT THE COURSE:**

For anyone interested in the exciting, graceful and popular world of dance! Dancing is not only a great way of expression through movement but an easy and enjoyable form of exercise! The course begins at basic steps and will progress to more complex dances throughout the course. You do not need to bring a partner!

The course will take you through some of the most popular Latin and Ballroom dances, such as Waltz, Salsa and Foxtrot. From learning basic steps you will work through to being able to perform an entire dance smoothly and with passion!

## **ENTRY REQUIREMENTS:**

Interview or course specific application required? ~~Yes~~ / **No**

Prior knowledge / experience: The Beginners course caters for those who have had no previous experience of dance or those who have not danced for a while.

## **STUDY AND ASSESSMENT:**

The classes span a 10-week period held in the evenings. From an introductory lesson you will learn to perform dances with confidence and style.

There is no homework, but any extra practise you can do at home will improve your performances in class.

## **PROGRESSION OPPORTUNITIES:**

You can progress to Ballroom and Latin Improvers.

## **PRE COURSE PREPARATION:**

None

## **FINANCE:**

- Fee remission available? ~~Yes (subject to status)~~ / **No**
- 19+ Advanced Learning Loan Available? ~~Yes~~ / **No**
- Bursary Support Available? ~~Yes (which)~~ / **No**

## **TUITION FEES:**

Please call 01784 228676 or 01784 228676 for the course fee.

Or contact [adulthoodeducation@strodes.ac.uk](mailto:adulthoodeducation@strodes.ac.uk)

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## ANY OTHER COSTS TO BE MET BY THE STUDENT:

Please wear comfortable clothes you will be able to dance easily in which will not restrict movement and comfortable shoes.

## ADDITIONAL INFORMATION :

The tutors are friendly and approachable and happy to help with any difficulties. Fellow students will also offer in-class support, and you will be able to learn to work with partners in class to complement each other's dancing.

The College has computers and quiet study areas which can be used by Adult Learning students after 4.30pm, and the Literary Institute has some daytime availability. Please contact the Adult Learning Team to book. The Learning Resource Centre is available by prior appointment during the day and has a wide range of books and other resources. Students must book via the Adult Learning reception & a student badge will be required.